



**Reid Hospital**  
& Health Care Services  
*Caring • Healing • Leading*

## Reid About Value

### Keeping Your Workforce Healthy

May 2007

Dear Community Leader:

As both a major employer in the community *and* as a health care provider, we at Reid realize the importance of a healthy workforce. Workplace injuries, absenteeism, medical leave and the costs of illness concern every business. We also know that wellness and preventive measures require a commitment not only from management but from each employee.

Reid's campus has been smoke-free for more than a year. From an employer's perspective, for our patients, that was an easy decision. From a community wellness position, it was the appropriate decision as well. However, we are aware about 20 percent of our workers still smoke, though they are not permitted to do so anywhere on campus. We continue to support their efforts to adopt a healthier lifestyle by providing smoking cessation classes. Wherever your organization happens to be on the smoke-free continuum, we have ways to help.

As an employer, we will continue to support improved health for our employees, including correct ergonomics at work stations, employee assistance counseling for stressful situations, on site massage therapy and workplace weight management and exercise programs. Any physical and emotional needs left unattended can cost money in the long run.

We'd like to support you as well. Reid's Occupational Medicine Department exists to help businesses help their workers improve their health. We offer preventive health screenings and management of chronic conditions, and we are here to restore the health of your injured or ill employees so that they can return to work as soon as possible.

Occupational Medicine shares the American College of Occupational and Environmental Medicine's model for dealing with disability. This includes using experienced providers to support injured workers in minimizing lost work days. Reid's 20 years of experience in caring for injured workers as well as promoting wellness allows us to help community employers reduce workforce disability time and lower your health care costs.

Occupational Medicine staff members are available to share information about health and safety practices currently used in industries. We want to help in any challenges a company might be facing. Our many resources and programs assist in both promoting wellness and treating injured workers, with the goal of getting the employee back to work as quickly and safely as possible.

If you would like further information about our services, please call one of Reid's outreach managers, Joan Bartel, 765-983-3486 or Amy Farmer, 765-983-3495.

Helping you keep your workers healthy is a value that strengthens the community.

Sincerely,

Barry S. MacDowell  
President